



# Ellevest Squads Goal Worksheet

At Ellevest, helping you get the most out of the time and energy you put in - whether it's at one of our events or when meeting with your Squad - has always been a priority. In your Squad, you'll have an opportunity to network efficiently and build deep relationships; you also have an opportunity to get career advice from a diverse group of women.

Set aside at least 15 minutes in the weeks before your Squad's Kick Off to work through the following questions.



## Introducing Yourself to your Squad

*How would you describe your life in three sentences?*

*What parts of your career are you the happiest with? Which parts would you like to see change? Why?*

*What is the best thing you learned in the last year? What would you like to learn this year?*

## Career Self-Reflection

*What do you think are your top three strengths?*

- 1.
- 2.
- 3.

*What skills do you want to use more of in your career?*

*What brings you the most joy in your life and/or career?*

- 1.
- 2.
- 3.

*What types of problems do you most like to solve?*



## Clarifying Your Next Steps

*Do you already know what you want to do next? Why or why not?*

*What roadblocks do you face? What steps have you taken to navigate through those roadblocks?*

What goals would you like to set for the next 12 weeks?

For each, what situation or questions might you want to bring up at your Hot Seat?

For each, how might you measure your progress?

